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News Release \_\_\_\_\_

## **AETNA MEDICAL DIRECTOR RAYMOND J. FABIUS, M.D., RECEIVES AMERICAN COLLEGE OF PHYSICIAN EXECUTIVES BOOK AWARD**

**Hartford, CT, May 2002** - Aetna announced today that Raymond J. Fabius, M.D., national medical director of Aetna's e.Care initiatives and chief medical officer of Aetna's consumer health information website, IntelliHealth, was awarded the American College of Physician Executives (ACPE) prestigious Robert A. Henry Literary Book Award for his book, *Total Care Management: A Physician Executive's Guide to Medical Management for the 21<sup>st</sup> Century*. ACPE presents the literary award annually to the author or editor whose book makes the most substantial contribution to medical management.

"Ray is a passionate patient advocate and a staunch believer in managed care who -- in the pages of this book -- uses the wealth of knowledge that he's accumulated to help the medical community improve the delivery of health care in America," said Aetna's Chief Medical Officer William C. Popik, M.D. "I'm pleased that Ray is working on behalf of Aetna's members and customers and proud that his literary efforts have received this well-deserved honor from the ACPE."

Margaret O'Kane, President of National Committee for Quality Assurance (NCQA), notes in the foreword of the book; "this book transmits Ray Fabius' wisdom and humanity, as well as his very practical knowledge. It will be a good resource for years to come."

*Total Care Management: A Physician Executive's Guide to Medical Management for the 21<sup>st</sup> Century* provides guidance in the administration of quality, cost-effective health

care. Dr. Fabius addresses several areas of medical management in the book, including health care delivery, utilization management, disease management and quality management. Several other Aetna medical directors are contributing authors to the text including Arnold W. Cohen, M.D., national medical director for Women's Health, Sandra Harmon Weiss, M.D., head of Government Programs, and Ronald J. Brooks, M.D., a medical director for the Mid-Atlantic region.

Dr. Fabius is board certified in pediatrics and medical management, a certified physician executive, a faculty member for the ACPE and a leader of the organization's online E-health and quality forums. He is also the author of *A Physician Executive's Guide to Patient Management for the 90's and Beyond*. Additionally, Dr. Fabius sits on the Accreditation Standards Committee of the National Committee for Quality Assurance and the American Accreditation HealthCare Commission Health Website Accreditation Committee, and serves as vice president of the Health Internet Ethics Organization.

InteliHealth ([www.intelihealth.com](http://www.intelihealth.com)), Aetna's consumer health information website, delivers content through an in-house editorial staff and relationships with Harvard Medical School and the University of Pennsylvania School of Dental Medicine. InteliHealth seeks to empower people with trusted solutions for healthier lives.

Aetna is one of the nation's leading providers of health care and related group benefits, serving approximately 15 million health care members, 12.1 million dental members and 11.9 million group insurance customers, as of March 31, 2002. Information about Aetna is available at [www.aetna.com](http://www.aetna.com).

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